

COSMETIC OR AESTHETIC BREAST SURGERY

- A. Augmentation mammoplasty.
- B. Reduction mammoplasty
- C. Nipple and areola surgery
- D. Masto-pxy (breast lift)

Cosmetic mammoplasty is the term used for the surgery of breasts where the breast size is increased or decreased to suit height, weight, body frame, rib cage and hips of the woman. The shape and size of the breast is changing with the age, marital status and parentage of the woman. Every woman wishes to remain young and wants to have her body to be projected as young. This can be achieved by cosmetic breast surgery, where augmentation / reduction or / and breast lift can make them look younger than their real age. Every woman wishes to wear deep neck dresses and to have attractive breast cleavage to project her image in the society at different stages. The sensation and pleasure from the breast as secondary sex organ depends on both intimate partners, i. e. a woman and her husband or / and boy-friend as well. Many often a suggestion or liking of opposite partner makes woman to go for augmentation mammoplasty or / and breast lift operation. Most of the time augmentation mammoplasty is seek for the status, or professional status by the entertainer, model, or society woman. The decision to undergo for operation to increase the bust line or reduction mammoplasty along with the breast lift should be every

woman's own decision after consulting her plastic surgeon and discussing the pros and cons of the surgery. Every woman figure is unique. The ultimate aim of the augmentation or reduction mammoplasty or breast lift operation is to have the aesthetic looking breasts suitable to the height, weight body frame and hips of the woman. Also it should be soft to touch with maintenance of the same sensation and pleasure out of the newly reshaped breasts. The visible breast occupies anatomic, functional, social, emotional and sexual niches in our culture. Today with advances in the surgical techniques, it is possible to achieve this aim by every routine and simple operative procedure.